

7AM – 4.30 PM MONDAY - THURSDAY
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 7AM 'TILL LATE ON FRIDAYS

THE GEORGE BAR & BISTRO

TEL: 07 3216 1809
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 KINGSGATE@GREGANGROUP.COM.AU



BREAKFAST

- TOAST** 5
 sourdough, seeded rye, fruit or banana bread
 & condiments
- FRESH SEASONAL FRUIT SALAD** 8
 with vanilla yoghurt
- APPLE & ALMOND BIRCHER** (DF) 8
 oats & chia soaked in apple juice & almond
 milk finished with a selection freshly grated
 apples, chopped nuts & seeds
- 2 EGGS ON TOAST** (V) 10
 poached, fried, boiled or scrambled
- AVOCADO SMASH** (V) 10
 crushed avocado, feta & herbs on toasted rye
 sourdough
- HEALTHY BREAKFAST** (V) 13
 poached egg, ricotta, roast tomato, avocado,
 rocket with seeded sourdough
- DOUBLE BACON & EGG ROLL** 9
- ACAI BOWL** (DF) 10
 smooth blend of acai berries, coconut water,
 banana, muesli & chia seeds
- HOT CRUMPETS** (V) 8
 with ricotta, honey, pomegranate & chia seeds
- EGGS BENEDICT** (V) 14
 with ham or salmon & hollandaise sauce

sides all 4

BACON ~ EGG ~ MUSHROOMS ~ HALOUMI
SMOKED SALMON ~ AVOCADO ~ FETA



BAR SNACKS

- HOUSE NUTS** 6
- MARINATED OLIVES** 8
- FRENCH FRIES** with aioli 7
- SALT & PEPPER CALAMARI** 12
 with chipotle mayo
- TRUFFLED PARMESAN FRIES** 12
 with aioli



BEER & cider

	gls	btl
Dirty Granny Apple Cider vic		8
Cascade Premium Light TAS		7
Peroni Nasturo AZZURRO ITALY		8
Fat Yak Pale Ale WA		8
Asahi Super Dry JAPAN		8
Matilda Bay Beez Neez Wheat vic		8

WINE

Mascarelli Prosecco DOC Treviso ITALY	9	42
Piper Heidsieck Brut NV Champagne FRANCE		84
Kindred Spirits Sauvignon Blanc Marlborough NEW ZEALAND	9	42
Kumeu Village Pinot Gris Kumeu NEW ZEALAND	9	40
Robert Oatley Signature Chardonnay Margaret River WA	9	44
La Vita Rosé Provence, FRANCE	9	38
California Dreamin Pinot Noir Yarra Valley VIC	9	44
Bleeding Heart Cabernet McLaren Vale SA	9	42
Woods Crampton Shiraz Barossa Valley, SA	9	40

COCKTAIL

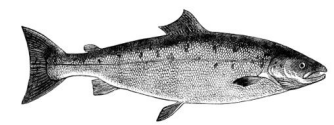
GG Espresso Martini Avion espresso, coffee & Absolut Vodka	14
Aperol Spritz Aperol, prosecco, & soda water	12
Bellini Prosecco, Peach Schnapps	12



SALADS

- BABY GEM SALAD** (V) 14
 with pan fried speck, pecorino
 & a poached egg
- SUPER GREEN SALAD** (V) 14
 selection of sprouts, cucumber, avocado,
 broccoli, snow peas, chia, sunflower & pumpkin
 seeds with a wholegrain mustard
 & apple cider dressing
- CITRUS BAKED SALMON SALAD** 18
 with roast kipfler potato, peas,
 mint & pea shoots
- ADD PROTEIN TO YOUR SALAD** for 5
 grilled chicken, smoked salmon,
 calamari or haloumi

PLEASE SEE OUR DAILY SELECTION OF
 GRAB & GO SANDWICHES ON DISPLAY



MAINS

- ASK ABOUT OUR DAILY SPECIALS
- FRIED CHICKEN BURGER** 14
 with raw slaw & chipotle mayo
- CHEESE BURGER** 14
 Angus beef, American cheese, lettuce, house
 pickles, mustard & tomato sauce
- MINUTE STEAK SANDWICH** 14
 with caramelized onion, butter lettuce, cheese
 & chutney on toasted Turkish
- PAPPARDELLE** 19
 red wine braised beef ragu with fresh
 pappardelle
- FLATHEAD FILLETS** 16
 crumbed flathead fillets with a
 minted pea & herb salad

side serve of chips OR side salad 3.5

\$6 HAPPY HOUR
 every FRIDAY 4pm – 6pm
 ON WINES BY THE GLASS, HOUSE SPIRITS
 & ALL BEERS

PLEASE SEE OUR DAILY
 SELECTION OF CAKES & PASTRIES
 FOR DESSERT

The **George Bar & Bistro** proudly supports the George Gregan Foundation (GGF), which raises funds for specific projects targeting children. GGF designs and builds all access playgrounds in children's hospitals across Australia and raises funds to train doctors specialising in the treatment of children with epilepsy and other neurological conditions.

www.georgegreganfoundation.com

